



## COMMUNITY RIDE 20KM RULES & REGULATIONS

1. Event is open to men and women cyclist. The minimum age for the participant is 16 years old (born in year 2009).
2. Participants must be physically fit and in good health to complete the ride distance. Participants are responsible for their health insurance and wellbeing. The event organizers assume no responsibility for any injury or damage that occurs from training, during, or because of the event. Participants are encouraged to consult with their medical practitioner before the event. Participants must retire from the ride immediately if asked/requested to do so by any member of the officials, medical personnel, or security officers.
3. Any type of bicycle is allowed. The bicycle must be in perfect condition and suitable for riding. E Bike will not be allowed.
4. It is mandatory/compulsory for all riders be completely in proper racing attires which include a hard-shell helmet that is appropriate and has safety features otherwise the organizers have the right to stop/refuse concerned riders from starting the ride.
5. All riders will be provided with a body number and bike plate.
6. The organizers will provide one water station. Food and drinks can be taken from the water station. Only cyclist with bib number will have access to the water station.
7. Riders are prohibited from using music devices like MP3 Players, iPods and Walkman while cycling.
8. The ride will start at **7.45am**. For safety reasons, riders who do not start at their respective flag-off time may be disqualified and not allowed onto the course. All riders must follow the designated routes. Route officials will stop riders who are unlikely to finish the ride within the stipulated duration. Such riders will be brought to the starting points. Riders who fail or refuse to do so may be removed from the route immediately.
9. All riders must abide by standard traffic regulations, as well as the direction given by the police, traffic management and Event officials during the ride.
10. In the event of poor weather conditions and/or for safety reasons, the organizers reserve the rights without prior notice to suspend the ride or to make changes to the cut-off times. In the event of adverse weather conditions, the starting time may be postponed for 2 hours at most, after which time the ride will be cancelled. Where necessary, the organizers reserve the right to make changes to or eliminate certain stretches of the route.